

 **This is only a summary.** If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at [www.SouthCarolinaBlues.com](http://www.SouthCarolinaBlues.com) or by calling **1-800-868-2500, Ext. 41010**.

| Important Questions  | Answers  | Why this Matters:   |
|--|--|---|
| <b>What is the overall <u>deductible</u>?</b>                    | \$1,200 single / \$2,350 family for in-network providers. \$0 single / \$0 family for out-of-network providers. Doesn't apply to preventive care, prescription drugs or in-network doctor's office visits. Copayments don't count toward the deductible. | You must pay all the costs up to the <b><u>deductible</u></b> amount before this plan begins to pay for covered services you use. Check your policy or plan document to see when the <b><u>deductible</u></b> starts over (usually, but not always, January 1st). See the chart starting on page 2 for how much you pay for covered services after you meet the <b><u>deductible</u></b> .  |
| <b>Are there other <u>deductibles</u> for specific services?</b> | No.  | You don't have to meet <b><u>deductibles</u></b> for specific services, but see the chart starting on page 2 for other costs for services this plan covers.   |
| <b>Is there an <u>out-of-pocket limit</u> on my expenses?</b>    | Yes; \$4,200 single / \$8,250 family for in-network providers. There is no out-of-pocket limit for out-of-network providers.   | The <b><u>out-of-pocket limit</u></b> is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.   |
| <b>What is not included in the <u>out-of-pocket limit</u>?</b>   | Premiums; charges in excess of the allowed amount; amounts exceeding any maximum payments for benefits; or any expense not allowed according to any provisions of this coverage.   | Even though you pay these expenses, they don't count toward the <b><u>out-of-pocket limit</u></b> .   |
| <b>Does this plan use a <u>network of providers</u>?</b>         | Yes. For a list of in-network providers, see <a href="http://www.SouthCarolinaBlues.com">www.SouthCarolinaBlues.com</a> or call 1-800-810-2583   | If you use an in-network doctor or other health care <b><u>provider</u></b> , this plan will pay some or all of the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network <b><u>provider</u></b> for some services. Plans use the term in-network, <b><u>preferred</u></b> , or participating for <b><u>providers</u></b> in their <b><u>network</u></b> . See the chart starting on page 2 for how this plan pays different kinds of <b><u>providers</u></b> . |
| <b>Do I need a referral to see a <u>specialist</u>?</b>          | No. You don't need a referral to see a specialist.   | You can see the <b><u>specialist</u></b> you choose without permission from this plan.  |
| <b>Are there services this plan doesn't cover?</b>               | Yes  | Some of the services this plan doesn't cover are listed in the Excluded Services and Other Covered Services section. See your policy or plan document for additional information about <b><u>excluded services</u></b> .  |

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- **Copayments** are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- **Coinsurance** is *your* share of the costs of a covered service, calculated as a percent of the **allowed amount** for the service. For example, if the plan's **allowed amount** for an overnight hospital stay is \$1,000, your **coinsurance** payment of 20% would be \$200. This may change if you haven't met your **deductible**.
- The amount the plan pays for covered services is based on the **allowed amount**. If an out-of-network **provider** charges more than the **allowed amount**, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the **allowed amount** is \$1,000, you may have to pay the \$500 difference. (This is called **balance billing**.)
- This plan may encourage you to use in-network **providers** by charging you lower **deductibles, copayments and coinsurance** amounts.

| Common Medical Event  | Services You May Need                            | Your cost if you use an |                         | Limitations & Exceptions  |
|---|--|-------------------------|-------------------------|---|
|   |  | In-Network Provider     | Out-Of-Network Provider |   |
| If you visit a health care <u>provider's</u> office or clinic | Primary care visit to treat an injury or illness | \$15 copay/visit        | 50% coinsurance         | Copay doesn't include surgery, outpatient lab and X-ray services (except for standard plain film X-rays), second surgical opinion, dialysis, chemotherapy, radiation therapy, specialty drugs, endoscopies and imaging. |
|   | Specialist visit                                 | \$30 copay/visit        | 50% coinsurance         | Copay doesn't include surgery, outpatient lab and X-ray services (except for standard plain film X-rays), second surgical opinion, dialysis, chemotherapy, radiation therapy, specialty drugs, endoscopies and imaging. |
|   | Other practitioner office visit                  | \$15 copay/visit        | 50% coinsurance         | Copay doesn't include surgery, outpatient lab and X-ray services (except for standard plain film X-rays), second surgical opinion, dialysis, chemotherapy, radiation therapy, specialty drugs, endoscopies and imaging. |
|   | Preventive care/screening/immunization           | \$0                     | Not covered             | No charge for mammograms at a participating provider.   |
| If you have a test  | Diagnostic test (x-ray, blood work)              | 20% coinsurance         | 50% coinsurance         | NONE  |
|   | Imaging (CT/PET scans, MRIs)                     | 20% coinsurance         | 50% coinsurance         | No benefit if not preapproved.  |

| Common Medical Event  | Services You May Need                          | Your cost if you use an   |   | Limitations & Exceptions   |
|---|--|---|---|--|
|   |  | In-Network Provider   | Out-Of-Network Provider   |  |
| <b>If you need drugs to treat your illness or condition</b><br><br>More information about <b><u>prescription drug coverage</u></b> is available at <a href="http://www.SouthCarolinaBlues.com">www.SouthCarolinaBlues.com</a> | Generic drugs                                  | \$10 copay/prescription (retail) \$14 copay/prescription (mail-order)   | 50% coinsurance   | Limited to a 31-day supply at retail pharmacy. Limited to a 90-day supply at mail-service pharmacy.                  |
|   | Preferred brand drugs                          | \$35 copay/prescription (retail) \$95 copay/prescription (mail-order)   | 50% coinsurance   | Limited to a 31-day supply at retail pharmacy. Limited to a 90-day supply at mail-service pharmacy.                  |
|   | Non-preferred brand drugs                      | \$100 copay/prescription (retail) \$270 copay/prescription (mail-order) | 50% coinsurance   | Limited to a 31-day supply at retail pharmacy. Limited to a 90-day supply at mail-service pharmacy.                  |
|   | Specialty drugs                                | \$200 copay/prescription (mail order)                                   | Not covered   | Specialty Drug Network Only. No benefits if not preapproved  |
| <b>If you have outpatient surgery</b>   | Facility fee (e.g., ambulatory surgery center) | 20% coinsurance   | 50% coinsurance   | 50% reduction of allowed amount if not preapproved for hysterectomy or septoplasty. Cosmetic surgery is not covered. |
|   | Physician/surgeon fees                         | 20% coinsurance   | 50% coinsurance   | 50% reduction of allowed amount if not preapproved for hysterectomy or septoplasty. Cosmetic surgery is not covered. |
| <b>If you need immediate medical attention</b>  | Emergency room services                        | \$300 copay/visit then deductible, then 20% coinsurance                 | Facility charges only - \$300 copay/visit, then 20% coinsurance. All other charges - 50% coinsurance. | NONE   |

| Common Medical Event  | Services You May Need                        | Your cost if you use an |                         | Limitations & Exceptions  |
|---|--|-------------------------|-------------------------|---|
|   |  | In-Network Provider     | Out-Of-Network Provider |   |
|   | Emergency medical transportation             | 20% coinsurance         | 50% coinsurance         | NONE  |
|   | Urgent care                                  | \$15 copay/visit        | 50% coinsurance         | Copay doesn't include surgery, outpatient lab and X-ray services (except for standard plain film X-rays), second surgical opinion, dialysis, chemotherapy, radiation therapy, specialty drugs, endoscopies and imaging.                     |
| <b>If you have a hospital stay</b>  | Facility fee (e.g., hospital room)           | 20% coinsurance         | 50% coinsurance         | Room and board denied if stay is no preapproved. No benefits for human organ/tissue transplant if not preapproved and at designated provider.   |
|   | Physician/surgeon fee                        | 20% coinsurance         | 50% coinsurance         | No benefits for human organ/tissue transplant if not preapproved and at designated provider.  |
| <b>If you have mental health, behavioral health, or substance abuse needs</b> | Mental/Behavioral health outpatient services | 20% coinsurance         | 50% coinsurance         | \$15 copay/visit for in-network office visit. No benefits for psychological testing, repetitive Transcranial Magnetic Stimulation, intensive outpatient services, partial hospitalization and electroconvulsive therapy if not preapproved. |
|   | Mental/Behavioral health inpatient services  | 20% coinsurance         | 50% coinsurance         | No benefits if not preapproved.   |
|   | Substance use disorder outpatient services   | 20% coinsurance         | 50% coinsurance         | \$15 copay/visit for in-network office visit. No benefits for psychological testing, repetitive Transcranial Magnetic Stimulation, intensive outpatient services, partial hospitalization and electroconvulsive therapy if not preapproved. |
|   | Substance use disorder inpatient services    | 20% coinsurance         | 50% coinsurance         | No benefits if not preapproved.   |

| Common Medical Event   | Services You May Need               | Your cost if you use an |                         | Limitations & Exceptions  |
|--|-------------------------------------|-------------------------|-------------------------|---|
|  |                                     | In-Network Provider     | Out-Of-Network Provider |   |
| If you are pregnant  | Prenatal and postnatal care         | 20% coinsurance         | 50% coinsurance         | NONE  |
|  | Delivery and all inpatient services | 20% coinsurance         | 50% coinsurance         | No benefits for termination of pregnancy, except in limited circumstances.  |
| If you need help recovering or have other special health needs | Home health care                    | 20% coinsurance         | 50% coinsurance         | Limited to 60 visits/year. No benefits if not preapproved.  |
|  | Rehabilitation services             | 20% coinsurance         | 50% coinsurance         | No inpatient benefits if not preapproved and at designated provider. Outpatient physical, occupational and speech therapy limited to 30 visits/year combined. |
|  | Habilitation services               | 20% coinsurance         | 50% coinsurance         | No inpatient benefits if not preapproved and at designated provider. Outpatient physical, occupational and speech therapy limited to 30 visits/year combined. |
|  | Skilled nursing care                | 20% coinsurance         | 50% coinsurance         | Limited to 60 days/year. Room and board denied if stay is not preapproved.  |
|  | Durable medical equipment           | 20% coinsurance         | 50% coinsurance         | No benefits if not preapproved when cost is \$500 or more. Excludes repair of, replacement of and duplicate.  |
|  | Hospice service                     | 20% coinsurance         | 50% coinsurance         | Limited to 6 months/episode. No benefits if not preapproved.  |
| If your child needs dental or eye care                         | Eye exam                            | \$25 copay              | Not covered             | Limited to one eye exam per benefit period  |
|  | Glasses                             | \$50 copay              | Not covered             | Limited to once every two years for frames and once every year for lenses. Contacts covered only when medically necessary.                                    |
|  | Dental check-up                     | Not covered             | Not covered             | NONE  |

## Excluded Services & Other Covered Services:

### Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services.)

- Acupuncture
- Cosmetic surgery
- Long-term care
- Routine eye care (Adult)
- Varicose veins treatment
- Bariatric surgery
- Hearing aids
- Private duty nursing
- Routine foot care
- Weight loss programs
- Chiropractic care
- Infertility treatment
- Residential and custodial care
- Termination of pregnancy

### Other Covered Services. (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)

- Dental care (Adult)
- Dental care (Child)
- Non-emergency care when traveling outside the U.S. See [www.SouthCarolinaBlues.com/members/findaprovider.aspx](http://www.SouthCarolinaBlues.com/members/findaprovider.aspx)

## Your Rights to Continue Coverage:

If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a **premium**, which may be significantly higher than the premium you pay while covered under the plan. Other limitations on your rights to continue coverage may also apply.

For more information on your rights to continue coverage, contact the plan at 1-800-868-2500, ext. 41010. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or [www.dol.gov/ebsa](http://www.dol.gov/ebsa), or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or [www.cciio.cms.gov](http://www.cciio.cms.gov).

## Your Grievance and Appeals Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to **appeal** or file a **grievance**. For questions about your rights, this notice, or assistance, you can contact: the plan at 1-800-868-2500, ext. 41000 or visit [www.SouthCarolinaBlues.com](http://www.SouthCarolinaBlues.com), the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or [www.dol.gov/ebsa/healthreform](http://www.dol.gov/ebsa/healthreform), your state office of health insurance customer assistance at: 1-800-768-3467 or visit [www.doi.sc.gov](http://www.doi.sc.gov).

## Does this Coverage Provide Minimum Essential Coverage?

The Affordable Care Act requires most people to have health care coverage that qualifies as "minimum essential coverage." **This plan or policy does provide minimum essential coverage.**

## Does this Coverage Meet the Minimum Value Standard?

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). **This health coverage does meet the minimum value standard for the benefits it provides.**

Spanish: Para obtener asistencia en español, llame al número de atención al cliente que aparece en la primera página de esta notificación.

—————*To see examples of how this plan might cover costs for a sample medical situation, see the next page.*—————

## About these Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



**This is not a cost estimator.**

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

### Having a baby (normal delivery)

$\frac{3}{4}$ Amount owed to providers: \$7,540

$\frac{3}{4}$ Plan pays \$4,960

$\frac{3}{4}$ Patient pays \$2,580

#### Sample care costs:

|                            |                |
|----------------------------|----------------|
| Hospital charges (mother)  | \$2,700        |
| Routine obstetric care     | \$2,100        |
| Hospital charges (baby)    | \$900          |
| Anesthesia                 | \$900          |
| Laboratory tests           | \$500          |
| Prescriptions              | \$200          |
| Radiology                  | \$200          |
| Vaccines, other preventive | \$40           |
| <b>Total</b>               | <b>\$7,540</b> |

#### Patient pays:

|                      |                |
|----------------------|----------------|
| Deductibles          | \$1,200        |
| Co-pays              | \$20           |
| Co-insurance         | \$1,210        |
| Limits or exclusions | \$150          |
| <b>Total</b>         | <b>\$2,580</b> |

### Managing type 2 diabetes (routine maintenance of a well-controlled condition)

$\frac{3}{4}$ Amount owed to providers: \$5,400

$\frac{3}{4}$ Plan pays \$3,490

$\frac{3}{4}$ Patient pays \$1,910

#### Sample care costs:

|                                |                |
|--------------------------------|----------------|
| Prescriptions                  | \$2,900        |
| Medical Equipment and Supplies | \$1,300        |
| Office Visits and Procedures   | \$700          |
| Education                      | \$300          |
| Laboratory tests               | \$100          |
| Vaccines, other preventive     | \$100          |
| <b>Total</b>                   | <b>\$5,400</b> |

#### Patient pays:

|                      |                |
|----------------------|----------------|
| Deductibles          | \$1,200        |
| Co-pays              | \$460          |
| Co-insurance         | \$170          |
| Limits or exclusions | \$80           |
| <b>Total</b>         | <b>\$1,910</b> |



## Questions and answers about the Coverage Examples:

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### What are some of the assumptions behind the Coverage Examples?

- Costs don't include **premiums**.
- Sample care costs are based on national averages supplied by the U.S. Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from in-network **providers**. If the patient had received care from out-of-network **providers**, costs would have been higher.

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### What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how **deductibles**, **copayments**, and **coinsurance** can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

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### Does the Coverage Example predict my own care needs?

**O No.** Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

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### Does the Coverage Example predict my future expenses?

**O No.** Coverage Examples are **not** cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your **providers** charge, and the reimbursement your health plan allows.

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### Can I use Coverage Examples to compare plans?

**P Yes.** When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

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### Are there other costs I should consider when comparing plans?

**P Yes.** An important cost is the **premium** you pay. Generally, the lower your **premium**, the more you'll pay in out-of-pocket costs, such as **copayments**, **deductibles**, and **coinsurance**. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.

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